

## A Pursuing Shadow

By ELLIOTT FOSTER

"Captain," said the general, "here is a dispatch of importance which I wish you to deliver at once to General Taylor. I do not think there are any Mexicans in the region between our two separate forces, but there may be. You can either take an escort or scout your way alone."

Captain Allen Duane paled. His general looked at his aid-de-camp curiously, wondering, for he knew him to be a brave man, then asked, "Which course will you adopt?"

"I shall scout through alone."

As if the captain had chased away a disagreeable suspicion as to his courage, the general turned complacently to other matters.

What was it that caused the color momentarily to leave the cheek of the young officer at being ordered upon an ordinary duty? He did not know himself. He knew only that some vague message had come to him to tell him that this would be to him a night of what? He did not know. More in fear of cowardice than danger, he shook off the disagreeable impression, which melted before his resolution like mist before the sun.

Riding to the outposts, he left his horse and moved away into the debatable land held by neither American nor Mexican. A young moon shone down on his shoulder, casting a faint shadow on his left and to his rear. It annoyed him. Turning to glance at it, he could not refrain from a fancy that a figure was following him. Looking straight ahead, he fixed his gaze on the plain, over which here and there grew scattered clumps of tropical trees.

It was lonely out there on that desolate plain where the poorest Mexican disdained to build even an adobe hut.

The vipers with which the country abounded had crawled into their holes. Despite his efforts to drive away the impression that his shadow was some one following him, this impression grew stronger. Turning again, he cast a quick glance behind. There was the shadow as before. Raising his eyes to the sky, he shuddered. The moon was behind a cloud.

It was now clear to Captain Duane that the mysterious follower was not his shadow. What was it? If a human enemy, it would have long before this shot or knifed him in the back. If a friend, why did it not declare itself? And why did he not hear its tread? He listened, but by the closest attention he could not detect a footstep. And why, he asked himself, did he, a soldier who had been twice brevetted for bravery, shrink from turning and confronting this mystical intensity of shade? It was the silence, a dread of something more than the dangers he had faced during the din of battle, that kept his eyes fixed to the front.

By an effort he gathered strength to turn his head for one more glance. There was the figure, more distinct than before, yet not continuously so. It seemed to Captain Duane that his eyesight was not capable of holding the image long enough to see exactly what it was. Now, for an instant, the head and shoulders would keep their form—the face bony, with deep sunken eyes—a broad, prominent mouth. Then the legs, long thin ones, would be tramping with one uninterrupted, unchanged gait, the whole covered by a long flowing mantle which fluttered in the wind, yet there was no wind.

Desperate, the officer halted and faced about.

"Who comes there?" he cried.

The words broke the stillness like a clap of thunder from a serene sky. There was in them a singular distress, as if they had been for ages asking a question to which there had come no reply. The figure stopped when the speaker stopped, standing, waiting, as though neither impatient nor tired, confident that the object of its attention would move on and it would again follow.

The young captain did move on. Though his physical strength was unimpaired, it seemed to him that his soul was lagging; that it was slowly but surely slipping away from him. He was as ready to meet an accustomed enemy and fight as bravely as ever. As Captain Allen Duane he was still independent; as a human soul he was losing himself.

And now there in the distance is something white. He shades his eyes from every ray of moonlight and discovers white tents. A few more miles and he will be within the picket line of a friendly army. Will this shadowy trampler remain behind?

Captain Duane pushed on. The inequalities of the road were no obstacles. He took no thought of running upon some roving band of Mexicans. The mysterious figure was closing upon him. At last it came so close that he could almost feel its breath, like the moist chill from a tomb.

"Who comes there?" called the picket.

Why did not Captain Duane reply. "Friend with the countersign?" Was he dazed? Did he not hear? At that moment the shadowy follower towering above him bent and touched him on the shoulder. There was the crack of a rifle. The speaker opened his arms, and the soldier as he fell was caught in the folded mantle. The follower was Death.

In the morning a body was seen lying without General Taylor's picket line. The officer of the picket went out and found an aid-de-camp on whose person was an important message. The picket had shot a friend.

The Minister's Interpretation.

The evening lesson was from the book of Job and the minister had just read, "Yes, the light of the wicked shall be put out" when immediately the church was in total darkness.

"Brethren," said the minister with scarcely a moment's pause, "in view of the sudden and startling fulfillment of this prophecy, we will spend a few minutes in silent prayer for the electric light company."—Bristolboro Reformer.

## KILLED HIS HOUSEKEEPER

Biddeford Man, Aged 70, Is Held on Charge of Murder

WOMAN WAS LEAVING HIS EMPLOY

Shot Her Down as She Was Packing Her Trunks

Biddeford, Me., Aug. 31.—John C. Sorah, 76 years, was formally charged yesterday with the murder of Miss Della Duquette, 35 years, whom he shot and fatally wounded while she was packing her clothes to leave his employ as housekeeper.

Miss Duquette died soon afterward at the Webber hospital. Sorah's only comment when told of the death of his housekeeper was: "It's too bad, isn't it?"

According to the police Miss Duquette was leaving Sorah's house because he refused to marry her in spite of her repeated requests. When he definitely refused she told him she could no longer keep house for him.

She returned Wednesday afternoon with her father and mother to pack up and carry away her belongings. Sorah had watched her preparation and when she put her hand on the doorknob to open the door he appeared with leveled revolver and fired.

Three shots took effect, two in the side, piercing the liver, and the third shattering two ribs. Other shots went wild. Miss Duquette's father and mother threw themselves at the aged man, overpowering and disarming him after a stiff struggle. He was arraigned in court yesterday and held for further investigation without bail.

**RUSSIAN INVASION CAUSING CONCERN**

Rotterdam City Fathers Worried Over the Russian Refugees Now in That City.

Rotterdam, Netherlands, Aug. 31.—A Russian invasion of Rotterdam is causing the city fathers some concern and the burgomaster has just had an interview with the premier, Cort van der Linden, on the subject. As many as 6,000 Russians have been added to Rotterdam's population since the outbreak of war, most of them refugees from Germany and others escaped prisoners-of-war. The former's stay in Germany dates from before the war. They were employed in the mines there, and were not permitted to leave when hostilities broke out. Ultimately food scarcity drove them to seek refuge in Holland, but they are in many cases even pro-German in their sympathies. In Rotterdam their wants are supplied by the Russian consul.

The authorities now complain of the habits of the newcomers and the trouble they give the police with their street fights and the like, while a large number are said to be sufferers from diseases and thereby constitute a danger to the public health. Moreover, the invasion still continues, and in the absence of further accommodation in Rotterdam some 3,000 have been recently sent on to the small neighboring town of Scheidam, where they are even more unwelcome. Efforts have been made to get the Russians shipped to England, but the British government made regulations that are said to have amounted to a refusal to receive them. The Netherlands government is now being urged to deal with the problem.

**RUSSIA RESTORES DEATH PENALTY**

Premier Kerensky Says That It Is the Only Way to Save the Army.

London, Aug. 31.—The Russian provisional government has decided on partial re-establishment of the death penalty, to restore discipline in the army, according to a Central News dispatch received yesterday from Moscow.

The cable quoted Premier Kerensky as making the announcement to the Russian conference, concluding:

"This hurts us to the very soul, but for the salvation of the country we will kill with all our soul."

**CONFERENCE FORECASTS FIXING COPPER PRICE**

John B. Ryan of the Amalgamated Copper Company and Bernard M. Baruch Meet.

Washington, Aug. 31.—Announcement soon of the copper prices to be fixed by the government was forecast yesterday by a conference of John B. Ryan of the Amalgamated Copper company, Bernard M. Baruch, with the federal trade commission, which has completed its study of costs. The price is expected to be fixed between 20 and 22½ cents per pound.

**"No bowl is too big when it holds Post Toasties"**



—Bobby

## SANFORDS GINGER

Best for stomach nerves. It centers the blood at the stomach, relieves the head and helps digestion that goes on during sleep which often causes sleeplessness.

A delicious combination of ginger and anise for the relief of cramps, pains, colds, chills, weakness, nervousness, indigestion. Look for the Owl Trade Mark on the wrapper, let you get a cheap, worthless or dangerous substitute. Forty-five years the standard of purity, flavor and strength. Sold by all druggists and grocers.

**WAR HAS HELPED WOMAN SUFFRAGE**

Has Accomplished More for the Cause Than Centuries of Argument.

Saratoga, N. Y., Aug. 31.—The war has accomplished more for the cause of woman suffrage than centuries of argument and has refuted nearly all the anti-suffrage reasonings. Jacob Gould Schurman, president of Cornell university, asserted at a mass meeting last night in connection with the conference here of the New York state woman suffrage party. He said women had earned "a new claim" to the ballot.

"I do not hesitate to declare," Mr. Schurman said, "that the great world war has done more than centuries of argument for the complete emancipation of women, the equalization of woman's status with man's, and the attainment by women of full citizenship culminating in the unlimited right of suffrage."

"The war has disposed in a most practical way, and by a worldwide demonstration, of pretty nearly all of the arguments that have ever been used against the proposal to confer upon women the legal right to vote."

"Is it said," he continued, "that the franchise is the correlative of military service in time of war? Well, the Russian women have enlisted in the army; and, what is still more important, they fought the enemy while Russian men ran away from him in the rout that invited him to overrun their country and brought disaster not only on the government of Russia but on the cause of the allies."

Only "crass blindness" could lead any person to make the statement that fighting must always remain a man's task, as "the character and course of this great world war" has proven otherwise, Mr. Schurman said, adding:

"Our own selective draft is sufficient to prove this. We fight the enemy not only through soldiers but also and not less effectively through civilians."

In this respect, woman's service is like men's, Mr. Schurman pointed out. "What American woman would do (in the trenches) if they had the chance, we can only imagine," he added. "I know as a matter of fact that some of them would like to join the armed forces of the nation." He said women had applied for admission to the government school of aeronautics at Cornell but the authorities had been compelled to reject them. He continued:

"We all take off our hats to Pershing's army and follow the doings of these brave soldiers of ours with the keenest sympathy and pride; but, if their work and the work the divisions and corps that follow them to France is to be effective, they must have the loyal co-operation and unflinching support of the great civilian army at home."

And what ever the men do at home to win the war, our women are matching them, whether the contributions be measured by intelligent direction, by toil and service, or by sacrifice and suffering. This world war, consequently, gives women a new claim to the ballot.

"I hope for the credit of American civilization we shall not be the last nation to recognize that claim."

England, France, Russia, already committed to woman suffrage; is America to be less liberal than its European allies? Are we to lag behind while they march forward under the banners of progressive civilization? There are only three fundamental tests of any nation's civilization. One is the power and achievement of its intellect—the scope and reach of its rational intelligence. Another is the amount of leisure enjoyed by its workers. The third, and in many respects the most decisive criterion because directly reflecting the moral tone of a people, is the place occupied by women in their scale of civilization."

There is no other country where wage earners have such high compensation and so much leisure as in the United States, Mr. Schurman said, but a superficial view of politics in this country has resulted in women being denied the right and privileges of equal political citizenship. He continued:

"The war which has revolutionized so many other things will also revolutionize our conception of politics. If America cannot win this war without the efforts and sacrifices of its women, then the women are as indispensable to the republic's life as the men and they should have equal shares in politics, of which the ballot is the indispensable instrument."

Soldiers Read Books of Travel.

Rome, Aug. 31.—Soldiers read mostly books of travel, historical novels and romances," stated the minister of public instruction in a recent circular asking for contributions of books to be sent to the front.

## GERMAN PEOPLE LIKELY TO ACT

Many Believe That the Liberals Will Force Reforms

EARLY PEACE OR A LONG WAR

The Kaiser's Subjects Now Know They Will Not Be Crushed

Washington, Aug. 31.—Peace this winter or next spring as a result of President Wilson's reply to the pope or else at least two more years of war—that is the prospect ahead.

Military men and diplomats so construed that outlook yesterday in the peace situation. In so far as the United States is concerned, it is going ahead with war preparations. It will not waver until the German people have stripped the Kaiser of his present autocratic powers.

Military men believe that there is a chance of peace; the president's note. They point out that Germany is showing evidences of "cracking under the strain," and they believe that the liberals will force a reconstruction of the German government. This must be bona fide, the state department authorities said yesterday, or it will be futile.

It will be up to Germany's leaders to decide whether to fight on or accept peace now. The president's note is the first concrete evidence Germany has had that the ambition of her enemies is not to crush her.

President Wilson has declared against dismemberment of empires and against post-bellum trade wars. In these circumstances, Germany, for the first time, can realize that the war against her is not mercenary or aggressive, but that it is one of altruistic purpose. Hence, as many here see it, the liberals of Germany will soon force off the yoke of kaiserism.

If, however, they content themselves with harkening to the made-in-Germany plea that the war is now one of defense in so far as Germany is concerned, the struggle will go on. Military men believe that Germany will decide either to take the chance of a military defeat or will start peace negotiations honestly now.

Should she decide, however, that there is no peace chance now or that her arms can ultimately triumph, then she will fight on for a year or two more. By that time America's strength will be felt in full force and Germany's defeat will be an assured fact.

Secretary of State Lansing did not see yesterday in Germany's concessions to Argentina anything particularly significant. He pointed out that the German government made such promises to the United States, only to break them later. Others, however, thought that Germany saw the handwriting on the wall and was easing up on her U-boat campaign so as to get some moral and material support from this hemisphere. That she is looking to trade after the war is obvious.

Russia, despite her enormous struggle to keep weakening forces in line, is heartened by the president's note, which, diplomats feel, makes Russia and the United States virtual arbiters of peace. The answer, it is felt, may crush the last traces of separate peace talk in Russia.

Meantime, allied diplomats gave their word that their nations agree with President Wilson as to abandonment of ideas of a post-bellum trade war. They said that if Germany's claws are clipped such wars will be unnecessary, except in isolated instances.

On the whole, however, observers here saw in President Wilson's expression a notice to Germany that she will get a fair trade deal after the war and a sign that America and the allies realize a blunder was committed in notifying Germany she would be crushed no matter how the war ended.

A certain suspicion must attach to German business after the war, it is pointed out, but under the president's ideas Germany can re-establish her trade if she will remove from it the taint of kaiserism.

**TEXAS SENATE BEGINS GOV. FERGUSON'S TRIAL**

Chief Justice Phillips of the Supreme Court Arrives in Austin to Preside.

Austin, Tex., Aug. 31.—The trial of Gov. James E. Ferguson before the state Senate, sitting as a court of impeachment, proceeded yesterday after one day's delay. It was discovered that there was no one present Wednesday who could preside at the trial. Chief Justice Nelson Phillips of the supreme court, who was in north Texas, was summoned and upon his arrival yesterday the trial was begun.

Lieut. Gov. W. P. Hobby has called another session of court to start to-day, when the present session was scheduled to have expired, so assuring the life of the trial. When the trial started yesterday the first act was the presentation by Gov. Ferguson of an answer to the charges against him.

**Infants—Mothers Thousands testify**

**Horlick's The Original Malted Milk**

Upbuilds and sustains the body No Cooking or Milk required Used for 1/2 of a Century Substitutes Cost YOU Same Price.

## MOTHER SAID TRY IT

Lydia E. Pinkham's Vegetable Compound Cured Mrs. Copner after Doctor's Failed.

Cincinnati, Ohio.—"I want you to know the good Lydia E. Pinkham's Vegetable Compound has done for me. I was in such bad health from female troubles that I could hardly get off my bed. I had been doctoring for a long time and my mother said, 'I want you to try Lydia E. Pinkham's Vegetable Compound.' So I did, and it has certainly made me a well woman. I am able to do my house work and am so happy as I never expected to go around the way I do again, and I want others to know what Lydia E. Pinkham's Vegetable Compound has done for me."

—Mrs. JOSE CORNER, 1668 Harrison Ave., Fairmount, Cincinnati, Ohio.

No woman suffering from any form of female troubles should lose hope until she has given Lydia E. Pinkham's Vegetable Compound a fair trial.

This famous remedy, the medicinal ingredients of which are derived from choice roots and herbs, has for forty years proved to be a most valuable tonic and invigorator of the female organism.

**THE WHITE PLAGUE**

Tuberculosis Is Often the Result of Lack of Nourishment.

While tuberculosis is caused by a well known germ, we often have a right to be suspicious of its coming from want of proper nourishment. This would seem to be a forerunner of the true disease of tuberculosis.

This want of nourishment is to be accounted for in several ways. The digestive system may be naturally weak—that is, born weak. It may have been strong in early life, but abused by the use of alcohol, eating rapidly when physically or mentally tired or by gulping food without proper chewing.

A plunge bath just after eating will often arrest digestion. The drinking of ice water during a meal or iced tea and coffee will reduce the temperature of the stomach so that the natural process of digestion is interfered with. As a result, the food is not properly prepared for the organs to absorb it. Therefore it is not taken up by the blood stream as it travels through the system of arteries to build up the different tissues of the body.

There are certain things that nature demands for building up healthy bodies. We must have some nitrogen in the form of meat or eggs or beans. We must have some starches; otherwise the body will be partly starved and disease germs will thrive in the different tissues. This occurs more often in the lungs than anywhere else, but there is hardly an organ in the body that will not, under certain conditions, become tuberculous.—Dr. Samuel G. Dixon, Health Commissioner of Pennsylvania.

**TO UTILIZE THE SUN'S HEAT.**

Why Not Store It In Oil In Summer and Make It Work For Us?

Of course water can be heated only to the boiling temperature, but there are many liquids that can be heated to a very much higher temperature than this without boiling. I have taken a tumbler of olive oil and heated it by means of a thin iron wire connected with a voltaic battery. I placed in the tumbler of oil a test tube filled with water. In a short time the water was boiling, but the oil remained perfectly quiescent. If you store up hot oil instead of water you will have at your command a source of heat able to do your cooking and even produce steam power to work machinery.

We have plenty of heat going to waste in Washington during the summer time, for the sun's rays are very powerful, and we do not use the roofs of our buildings except to keep off the rain. What wide expanses of roof are available in all our large cities for the utilization of the sun's rays? Simple pipes laid up on the roof and containing oil or some other liquid would soon become heated by the sun's rays. The hot oil could be carried into an insulated tank and stored. You could thus not only conserve and utilize the heat that falls upon the tops of your houses, but effect some cooling of the houses themselves by the abstraction of this heat.—Alexander Graham Bell in National Geographic Magazine.

**An Audacious Schoolboy.**

The audacity of Warren Hastings as a Westminster schoolboy in carving his name beneath the clock on the western tower of the abbey pales before the audacity of another Westminster schoolboy, who secreted himself in the abbey in fulfillment of a wager that he would sleep in the abbey, notwithstanding the report that the ghost of Bradshaw, the president of the court at the trial of Charles I., who in the time of the commonwealth occupied the deanery, haunted the building. He spent the night in the abbey and occupied his time in carving his name on the coronation chair, which bears to this day the following rudely cut inscription: "I, Peter Abbott, slept in this chair."—Dundee Advertiser.

**The Call to Individuality.**

No man thinks his own thoughts; no man uses his own eyes; no man stands upon his own feet; no man walks alone. We go in flocks; we lean on others; we follow the multitudes blindly; we bend our necks to the yoke of public opinion; we have no self reliance. The only virtue we have is conformity. The demand of the age is for men and women of character who are self poised, self reliant, independent and self assertive. Society follows customs and routine. The redemption of the race is in the originality of individuals.—Jacob Gould Schurman.

**Where the Expense Came.**

"Going to send your wife to the seashore this season?"

"No, I can't afford it."

"Why, she isn't extravagant, is she?"

"Not in the least; but last year while she was away I blew in \$400."—Boston Transcript.

**Women are Getting Ready to Replace Men.**

The September Woman's Home Companion says:

"Women are preparing to take the places of men in almost every line of work. A New York corporation, whose clerical force had been depleted by the calls to arms, advertised for fifty intelligent women capable of earning twelve dollars a week. Ten thousand letters were received from as many women. The ages ranged from high school girls to grandmothers. The best papers in the test were turned in by a college graduate and a grandmother, respectively."

## Topics of the Home and Household.

Pieces of licorice laid around where ants run is recommended.

Meringues should be put on puddings after they are slightly cool, as, if the pudding be hot, the egg will liquefy.

If pea pods are boiled and then the peas themselves are boiled in this water, they are said to have an extra sweetness and richness and the water makes an excellent soup for luncheon.

**The Laces of Belgium.**

The wholesale destruction of towns during the present war and the consequent emigration of the people of Belgium will doubtless affect the production of lace, Antwerp, Ypres, Alost, Courtrai and Bruges being the centers of the lace industry of Flanders, which vies with Italy in the production of beautiful laces.

The original lace of Belgium is the old Flanders point. Mechlin lace, so much used on the fuchsia of India muslin at the close of the eighteenth century on account of its lightness and delicacy, is no longer made.

The needle point of Brussels is well known. The wonderfully fine thread used in making this lace is made from flax grown in Brabant and steeped in the clear water of the river Lys at Courtrai. This thread is spun in laces, since contact with the dry air causes it to break. A ray of light is thrown on it, but the spinner is guided by touch and stops her wheel when she feels the slightest unevenness of the thread. Real Brussels handmade thread is very expensive, owing to the small number of spinners and the tedious and unhealthful work. Machine-made net is therefore generally used, but is not as fine as that made by hand.

Lace was made in Brussels in the fifteenth century and a few rare old specimens are still preserved in the old churches of Brabant.

The Flanders lace workers taught the art of bobbin lace to the rest of Europe. Prior to the French revolution the most esteemed pillow lace was Valenciennes, made at Valenciennes, once a town of Flemish Hainaut. This lace was made in damp cellars where the air was favorable to the fineness of the thread and was ruinous to the sight, many women lace workers going blind at 30. All lace made at Valenciennes was called "vrai," all made elsewhere "faux Valenciennes."

After the revolution this lace was made in Belgium at Alost, Ypres, Bruges, Ghent and Courtrai. Only an inch and a half could be made in a day of 14 hours, making a pair of sleeve ruffles a year's work. Several hundred bobbins were used in the making of one piece of lace.

These lacemakers will now be scattered, and may, as in former times when driven by war or by edicts against their religious beliefs, carry their craft to other lands. It may be given to us to encourage this wonderful art, to give an impetus to this industry and revive again an appreciation and love of laces, once more as beautiful as in the Golden age. —In Woman's World for September.

**Canning Peaches and Plums.**

If peaches are packed in the jars with pit, cavity down more fruit can be put into the containers and a finer looking product is obtained. Peaches should be washed carefully in cold water, dipped into boiling water a moment or two until the skin slips and then into cold water for an instant. The skin is then slipped off, the peaches cut into halves and the pits removed and the halves packed into jars with pit cavity down. A few pits should be placed near the bottom of the jar to give flavor to the fruit. Add medium syrup boiling hot to fill jars, partially tighten tops and sterilize for 16 minutes in boiling water. After complete sterilization, remove jars from the boiling water, tighten tops and invert to cool in place free from draughts. Wrap in dark paper to prevent loss of color, label and store in cool, dry place.

Canned plums are better if of large size and thick flesh. All plums are canned whole without peeling. Pack tight in hot jars and fill with boiling hot syrup of light density. Sterilize for 16 minutes in boiling water after partially tightening tops. Remove from sterilizer, finish sealing and invert to test for leakage and to cool.

Peach and Plum Butter—Wash fruit carefully and remove "fuzz" on peaches by rubbing with a damp towel. Do not peel. Place in an enamel lined preserving kettle, add a little water and cook until very tender. Squeeze through a fruit press or colander to remove skins and stones. Place pulp in clean preserving kettle, add sugar to taste and boil until thick and rich in color, stirring constantly to prevent burning on to the kettle. Spices may be added if desired, but the butter is generally considered better if unscented. Pour the boiling mass into hot, sterilized jars and seal at once.

Dorothy Dexter.

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"In many of the larger cities young women with steady nerves and a taste for mechanics are being tested as elevator operators."

**Where the Expense Came.**

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## DON'T LOSE YOUR PUNCH

If you feel a growing dissatisfaction with life and ill health seems to threaten you without the symptoms of any specific disease showing, your nerves are probably undernourished because your blood is thin.

Take a moment to examine into your own case. Have you lost the ability to make a quick decision and take prompt action whenever necessary or do you worry and hesitate in decision and consume an undue amount of time over things that you used to do quickly? Are you prematurely old?

Don't let the arteries in your brain get hard. Don't let thin blood starve your nervous system. Proper diet for the first and a good tonic, Dr. Williams' Pink Pills, for the second are what you need.

If you have any nervous troubles write today to the Dr. Williams Medicine Co., Schenectady, N. Y., for their little book on nervous disorders. It gives methods of home treatment and directions regarding hygiene that every one should have. A diet book will also be sent free on request.

Dr. Williams' Pink Pills for Pale People are sold by your own druggist or will be sent direct by mail, postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50.